

SENIOR-JUNIOR INTERACTION SESSION

Date: 19th May, 2026

Time: 1:00 p.m. – 2:30 p.m.

Venue: Concert Hall, Loreto College

Department of Psychology (PG)

The Department of Psychology (PG Semester 2) organized a **Senior-Junior Interaction Session** for the postgraduate students of the department with the objective of promoting academic exchange, strengthening interpersonal relationships, and facilitating meaningful interaction between the senior and junior batches. The session provided an opportunity for students to engage in discussions, cultural activities, and collaborative experiences in an atmosphere of warmth and mutual respect.

The programme commenced with a welcome address, followed by a series of interactive and engaging activities that encouraged participation from both batches. These activities fostered teamwork, communication, and camaraderie, enabling the students to become better acquainted with one another. A cultural segment consisting of entertaining presentations and performances further which enriched the session and created a lively and enjoyable environment.

One of the most significant components of the interaction was the experience-sharing session conducted by the senior students. They reflected upon their academic journey at Loreto College, discussed the challenges they encountered during their postgraduate studies, and shared practical strategies for managing coursework, examinations, internships, and future career planning. The seniors also spoke about opportunities for higher education, research, and professional development, providing valuable guidance to the junior students. Their honest reflections and words of encouragement inspired the juniors to approach their academic journey with confidence and perseverance.

The interaction encouraged an open exchange of ideas, allowing the juniors to seek advice regarding academic expectations, postgraduate experiences, and personal growth. The session fostered a supportive learning environment built on mutual respect, cooperation, and shared experiences, thereby strengthening the sense of community within the department.

The programme concluded with a vote of thanks expressing gratitude to the faculty members and all the students whose enthusiastic participation contributed to the success of the event. Overall, the Senior-Junior Interaction Session successfully fulfilled its objective of promoting meaningful interaction, academic guidance, and lasting connections among the students while providing an enjoyable and memorable experience for everyone present.





